Newsletter

T.J. Adkins, Agent

2024



BEEF QUALITY & CARE TRAINING

BQCA





PULASKI COUNTY EXTENSION OFFICE

Cost is: \$5.00

Please pay with a check made to "Kentucky Beef Network" 8-15-34 9 AM

8-16-24 5:30 PM

9-4-24 8:30 AM

10-2-24 8:30 AM

*Be sure to come at 7:30 am on 9/4 & 10/2, for Ag Council Breakfast

All will be held in the
basement of the Extension
Office.

Please RSVP to (606) 679-6361

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Estendard, Corporative Estendins nerve all propie regardines of economic or social sistem and will not observation on the sistem of social conductive color shellowing, and ordines crossly confident behalf are sexual efectation, gasted inferring pender expression, prespinor, married atoms, genetic information, age, versen atoms, physical or meant distribility or regrical or relations for price of cell plants schrifts; Researchine Commondation of disability and pole analidate with prior scribes. Programs information may be made enabled in languages other than English. Verservity of Estendard, Kennedy has to Developer, U.S. Department of Aprications, edicyclosure, and Estendard, Contained, Cooperating, and Contained, Cooperating, Contained, Co





2024 South-Central KY Area Hay Contest

The South-Central KY Area Hay Contest is offered to all individuals raising hay in Adair, Casey, Clinton, Cumberland, Green, Marion, McCreary, Pulaski, Rockcastle, Russell, Taylor, Washington, and Wayne counties.

This program aims to provide producers with free hay analysis results to aid in educating producers on raising higher quality forages and meeting livestock needs.

Producers may submit multiple samples in each contest area to their county agriculture agent. Samples must be submitted no later than September 30th, 2024.

Basic analysis results will be sent to producers by November 1st, 2024. Results will include crude protein, DM, TDN, RFV, ADF, and NDF. Producers may be provided with livestock ration recommendations in addition to their results upon request.

After completion of the program, an area-wide event will be held to provide an educational overview of the program and present awards to contest winners. There will be one winner selected for the entire area for each hay class.

Please reach out to your county agriculture agent for further information.



Contact your local agriculture and natural resources extension agent for more information.

Deadline for sample submission is September 30th, 2024.

GRASSLANDS PARTNERSHIP PROJECT

The Pulaski County Cooperative Extension Service has been selected among a dozen counties in Kentucky to participate in a USDA funded, multi-state project referred to as the "Grasslands Partnership". The goal of this project is to implement and demonstrate climate smart practices that improve grasslands management and, in turn, improve farm productivity, profits, and access to future markets that may expect enhanced environmental benefits.

This project is focused on documenting the impact of six grassland management practices on soil carbon storage, input costs, profitability, productivity, and, for some practices, responses of grassland birds and pollinators. Participants are required to install at least three of the designated practices and required to maintain them for a 5-year period. Support will be provided to implement practices.

During the 5-year period, participants will allow researchers access to their farms to collect data on the impacts made as a results of the practices. Participants will also be required to maintain detailed grazing management, fertilizer, herbicide, and seeding records. One or more field days will also be held on each participating farm.

The six grassland management practices included in this program are as follows:

Perennial Native Grasses- Participants will establish a minimum of 5 and up to 25 acres of big bluestem/ Indiangrass/little bluestem seed mix or switchgrass. Proper grazing management practices will be applied.

Perennial Grass/Forb Buffers- Participants will establish 60 feet wide buffers (2-10 acres total) around row crop fields to reduce runoff and encourage habitat for birds and pollinators.

LAKE CUMBERLAND AREA CATTLE A.I. SCHOOLS

Programs will begin in the classroom, then will move on to the hands-on portion.

Each school is limited to 10 participants.

Spots must be claimed by calling to register.

September 12th 10:00am - 4:00pm CST Russell Co. Extension Office 270-866-4477

September 30th 10:00am - 4:00pm EST Pulaski Co. Extension Office 606-679-6361 COUNT RSVP TO EDUCATION

Lake Cumberland Area Cattle Pregnancy Determination School

Participants will learn how to check cattle for pregnancy using chuteside blood tests.

Class sizes are limited.

Participants must call to reserve their spot.

August 27th at 6:00pm EST 90 Gabby Shelton Rd Parkers Lake, KY 42634 606-376-2524

October 29th at 6:00pm EST
TBD
Liberty, KY 42539
606-787-7384

MUST RSVP TO MUST RSVP CAIP COUNT FOR CAIP COUNT FOR CATION

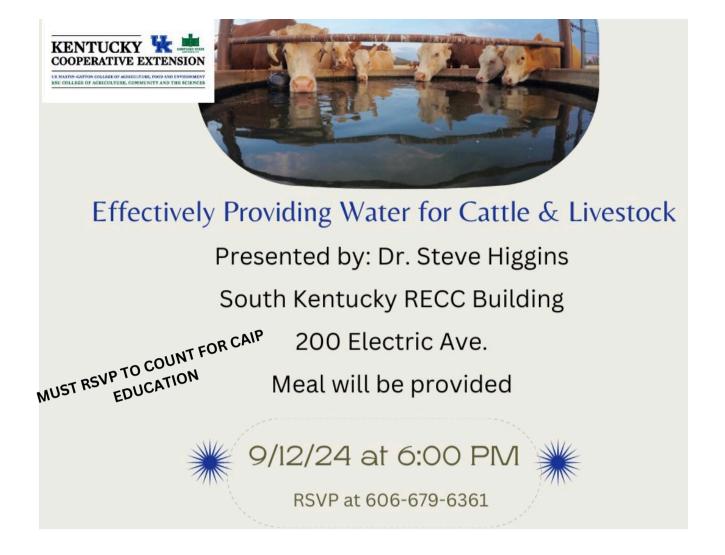


The Kentucky Soil Erosion and Water Quality Cost Share Program and the Kentucky Soil Stewardship Program were created to help agricultural operations protect the soil and water resources of Kentucky and to implement their agriculture water quality plans. The program helps landowners address existing soil erosion, water quality and other environmental problems associated with their farming or woodland operation.

Applications are currently being accepted. The Soil and Water Conservation Commission voted in 2012 to have continuous sign ups. Ranking of applications will be performed once each year on the state level by the Kentucky Soil and Water Conservation Commission at the Kentucky Division of Conservation in Frankfort. Approval of applications is based on a statewide ranking criterion and the availability of funds. Cost share rates are a maximum of 75 percent of the actual installation cost of the practice not to exceed \$20,000 per year.

PRACTICES ELIGIBLE FOR COST SHARE INCLUDE BUT ARE NOT LIMITED TO: ANIMAL MORTALITY AND COMPOSTING FACILITIES, CRITICAL AREA PLANTING, DIVERSION, FILTER STRIP, GRADE STABILIZATION STRUCTURE, GRASSED WATERWAY, LIVESTOCK HEAVY USE AREAS, LIVESTOCK WATER FACILITIES, RIPARIAN BUFFERS, STREAM CROSSING, ROOF RUNOFF AND WATER STORAGE STRUCTURES, WASTE STORAGE FACILITIES, WATER AND SEDIMENT CONTROL BASIN, PASTURE AND HAY PLANTING, SPRING DEVELOPMENT, COVER CROP.

FOR MORE INFORMATION CALL THE PULASKI COUNTY CONSERVATION DISTRICT AT (606)-678-4842 EXT. 3 MONDAY – FRIDAY 8:00 - 4:30





The 2024 KY Annual
Producer Conference
and Field Day are coming
up October 19th! We are
so excited to offer great
speakers and an
afternoon full of on farm
experiences.

Learn more at https://www.kysheepand goat.org/annual-producer-conference







PULASKI COUNTY CATTLEMEN'S

Farm Field Day







SEPTEMBER 19TH, 2024 | 6 PM REGISTRATION AT 5:30 PM PROGRAM AT 6 PM

WES AND SHEILA HARGIS FARM 396 PRICE BURNETT RD SOMERSET, KY 42503

Come on out for a fun evening filled with great food and fellowship and learning. We will have a guest speaker and educational opportunities.

MUST RSVP TO COUNT FOR CAIP HOURS

Pulaski County Extension Office 606-679-6361 28 Parkway Dr. Somerset 42503

Meal Only Ticket: \$10 Membership Renewal: \$35 (Couples: \$45) (meal is free with membership purchase)

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Service

Educational programs of Kirstucky Cooperative Entersion serve all people reparaties of economic processors and expenses of economic consolidations and will not discriminate on the basic of pace, code, critical copie, creed, religion, political belief, exx. sexual orientation, gender identify, gender expression, pregnancy, mental status, general enformation, age weterns status, or hypical orientation identification, defended in the processor of the company of the processor of the proces





UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

Pulaski County Extension Office P.O. Box 720 Somerset, KY 42502 Ph: (606) 679-6361 NONPROFIT ORG US POSTAGE PAID SOMERSET, KY PERMIT #5



- ¼ teaspoon pepper
- 1 1/2 teaspoons smoked paprika
- 1 tablespoon vegetable oil
- 2 medium apples, diced
- 2 medium apples, dice
- 1 large onion, diced
- · 2 celery stalks, sliced
- 1 cup orange juice

In a covered container, soak the dove breasts in buttermilk overnight in the refrigerator. Remove breasts and discard buttermilk. Pat breasts dry with a paper towel. Preheat the oven to 350 degrees
Fahrenheit. Combine salt,
pepper, and smoked paprika
and stir. Rub mixture into
breasts. Place breasts in a
shallow greased baking dish
and brush with oil. Add diced
apples, onions, and celery. Add
a half cup of water to the pan
and cover tightly. Bake for one
hour and 15 minutes. After
45 minutes, pour the orange
juice over breasts and baste.

Note: Removing skin before cooking can lower fat content. This might also reduce "wild" flavor.

Yield: 6 servings

Nutrition Facts 6 servings per container Serving size 2 dove breasts (262g)	
Amount per serving Calories	320
%	Daily Value
Total Fat 17g	22%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 370mg	16%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	7%
Total Sugars 11g	
Includes 0g Added Sug	gars 0%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 46mg	4%
Iron 7mg	40%
Potassium 508mg	10%

calories a day is used for general nutrition advice