

Homemaker Newsletter

Edith Lovett, FCS Agent

July 2024

Dear Homemaker:

Can you believe another year is over? What an exciting year we have had and what a momentous year lies ahead of us. I hope each club has had a great year and are looking forward to a wonderful 2024-2025 year. Thank you for all your volunteer hours and what you have done for Extension Service. Each club does so much for our community, and we can only tell others about what you have done if you share these activities with us. I appreciate each of you and being a homemaker. Let us try to recruit some new homemakers in the coming year to enjoy our activities and fun.



Homemaker dues are due currently. Please send in your club dues with the individual homemaker form. As soon as all clubs and mailbox members have submitted their dues, we can finish the yearly book. Each club should have received the necessary reports to fill out for the coming year. Mailbox members need to bring or send in your enclosed membership dues with you \$12.

Take a drive around the 914 circle and see the progress on our new Pulaski Extension Building. the location is next to Oakhill Church. It is going up fast. Thanks for being a Pulaski County Extension Homemaker.

Edith M. Lovett

Edith Lovett



County Annual Meeting in Review

The County Annual Meeting was attended by over 100 people on Monday, June 24th. Pictures of the the event are enclosed. One of our “Beekeepers” greeted you at the appetizer table. The Hinkle Belle club members decorated the head table. Pieceful Quilters added to the decorations with a beautiful wall hanging at the registration table.

Hinkle Belle Homemakers table decorations won the money for the best decorated table, using the theme “ Birds and Bees.” Not So Pampered Chefs Club won the money for the best name tag, using the theme for the night. Cards R Us are pictured with their club members, and Sharon Ware, the president. East Somerset Club had a table full of members. Roseanna Foster is their president. Roseanna is also shown accepting one of the grants from the Holiday Dinner Event. Gourmet gals are shown with their club. Lana Whittle is the president.

The Hilltoppers, with Sandy Phelps as the president, had lots of members present. They also had a beautiful table. The Hinkle Belles table decorations won the table award for the night. Betty Waddle is their president. Just Among Friends table decorations were beautiful. Mailbox members joined in on the fun as well. Our District Director, Jeff Casada, joined the group. Material Girls had a beautiful table. Janet Moran is their president. Meadowlarks are shown with their president, Bessie Loveless and members. Nearby Neighbors had several members present. Nyoka Gholson is the president. Their club was named the club of the year for 2023.

Pieceful Quilters are shown with our male member, Jim Peppers, Barbara Bean Slagle is the president. Roundabout’s decorations were beautiful with beautiful members. Mona Tyler is the president. Sew with Us, one of our new clubs, did not have a table but did donate a basket for the raffle. Virginia Beam is their president. Most of our clubs submitted a basket for the raffle and lots of items were donated for the Silent Auction. Money from the auction and raffle goes to our homemakers council treasury.



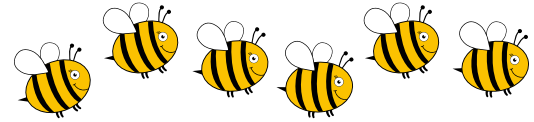
Susan Hansford, a member of East Somerset Club and chairperson of our 2023 Holiday Dinner, was named the Homemaker of the Year.



Just Among Friends was selected as the Homemaker Club of the Year.



Birds & Bees







t h E E N d !



The 2024 Holiday Tasting Committee is hard at work planning the upcoming event! Hold the date: November 15th! More details to come soon! Emily Branscum and Denise Salter are chairpersons. The goal is to have at least one person from each club to be on the committee.



We had a great turn out for our Cast Iron Cooking Class in Wayne County! Thank you to all who attended!



We had a great turn out for our County Fair as well. Thank you to everyone for there entries! This event is open to everyone, not just homemakers.



Gayle Weigel and Debbie Peppers, two of our homemakers, were the winners of the Ugly Lamp Contest at the fair. Gayle won the Born Ugly Lamp Area and Debbie won the Made Ugly area. Gayle’s lamp is the second from the left with the odd lamp shade, and Debbie’s is the black lamp second from the left. Each won \$50!



Estate planning class attendance. We had 30 people!



Two of our area FCS agents. We spent the day traveling through Nancy and visiting local attractions!



East Somerset Club enjoyed a visit to Cabela’s Cake House. This is a wonderful experience for everyone.

LEARNING
CINN-FUL
SECRETS to
Mixing, Rolling
& Baking
CINNAMON
ROLLS

Pulaski Co. Extension



AUGUST 27 1 - 5 PM EST

- ✓ Baking Secrets
- ✓ Taking Ordinary to Extraordinary
- ✓ Hands-on Practice
- ✓ Tips & Tricks
- ✓ Samples to Take Home



Registration required. \$25 per person non-refundable.

28 Parkway Drive, Somerset, KY



president
CORNER

****Presidents do not forget to send in your information packets as soon as possible to the office****

Homemaker leader training was led by Mary Lynn Chaudoin, our Lake Cumberland Area President. Thirty Homemakers attended the training. Thank you so much for your attendance.

****Presidents if you want your KEHA Manual updated please let us know. It is online but we will be happy to run the updates for you****

Homemaker Lessons for the coming year: 2024-2025

- August: Composition in Photographs” with Dylan Gentry
- September: Self-Care, Self-Pampering, Self-Personality Test with Edith Lovett
- October: Healthy Eating Around the World with Debbie Messenger
- November: County Choice; most clubs party in December
- December: Mail out for your January Meeting
- January: How to get out of the Mealtime Rut with Leah Cardwell
- February: People Learn with Purpose: Understanding Learning Styles with Christy Stearns
- March: Indoor Air Quality with Katelyn Squares
- April: Garden Safety with Debbie Shepherd
- May: Using Your Air Fryer with Megan Gullet

****Leader Training is the 4th Monday of each month at 1 pm. Please be sure to RSVP if you are coming!**



** Shop with our local farmers each time you need fresh produce. The Farmers Market uptown and the Woodstock Farmers Market are open each Saturday. You will find other markets open daily in our county.

- Aug. 1st at 8:30am: Hot water bath canning class- Demonstration House
- Aug. 13th at 11 am: The Not So Pampered Chef group will meet at the Chalet.
- Aug. 14th at 10 am: Jewelry Making Class. Must register in advance as class is limited!
- Aug. 21st at 11:30 am: PCHE council meeting- extension office. Council members are made up of all county council officers, presidents of each club and county chairpersons.
- Aug. 22nd at 4 pm: Canning Class at the Science Hill Library taught by Edith Lovett
- Aug. 26th at 1 pm: First Homemaker Leader Training class for the year taught by, Dylan Gentry, Adair County Agent.
- Aug. 27th at 11:30 am: Cooking from the calendar class, Please be sure to RSVP so we can be sure to have enough supplies and food.



Pulaski County Extension Homemakers Annual Meeting **June 24, 2024**

The Pulaski County Extension Homemakers celebrated their County Annual Meeting with the theme "Birds & Bees," on Monday, June 24, 2024, at the Hal Rogers Fire Training Center. Registration began at 5 p.m. and members could buy raffle tickets, bid on Silent Auction items, socialize, and enjoy light snacks. Mary Ellis, County President, called the meeting to order at 5:30 p.m. She introduced the guest on the platform, Mary Lynn Chaudoin, the president of the Lake Cumberland Area Extension Homemakers. Sheila Adams, the county vice president, led the Pledge of Allegiance.

Edith Lovett, extension agent for family and consumer science, introduced her boss, Jeff Casada, Area Extension Director of East 1 & 2. Mary Ellis pinned an Honorary Hinkle Belles name tag on him. He brought greetings from the Extension Office. He said he appreciated all of the volunteer hours that clubs did in the community.

Mary Ellis then called a representative from each club to come up front so the name tags could be judged. The table decorations had also been judged.

Mary asked the present secretary, Debbie Peppers, to come up. She was presented with a Thank You card and \$25 for her seven years as county secretary. Mary then asked for nominations for a new secretary. Sheila Adams nominated Trina Evans from the Hilltoppers. Due to no other nominations, she was accepted unanimously. She could not be in attendance due to helping with her mother in another state.

Mary then asked everyone to read over the minutes printed in their booklet. Sheila Adams moved to accept the minutes as printed. Kay Denham seconded it, and the motion passed. Mary said that her first term as president was finished, and that a new president needed to be elected. Denise Mayfield nominated Mary Ellis for a second term. Sue New seconded it, and she was approved.

The By Laws had been reviewed by Jana Brown, Sheila Adams, and Mary Ellis. A new part was added that a President Elect should be elected one year prior to the president's term ending and serve one year with the president. Then, that person will take over after the annual meeting when the president's term is over. Pam Young moved that the By Laws be accepted. Betty Waddle seconded it, and the motion passed.

Sheila Adams will continue to serve as vice president, and Kim Toby will continue as treasurer. Next, Mary Ellis asked Edith Lovett to give a devotion before the meal. Edith played the song, "Birds & Bees" sung by Dean Martin from her phone. Then, Mary asked the guests to go through the buffet line first, and directed the other groups to follow as she directed. The food was catered by Diamonds and Divas. After eating, members continued to visit, buy raffle tickets for the baskets donated by the homemaker clubs, bid on Silent Auction items, and have group photos made. Clubs who received Holiday Tasting grants last year had display boards for viewing.

After the meal, Mary Ellis asked the treasurer, Kim Toby, to present the budget for the upcoming year. Denise Salter moved that the budget be accepted as proposed, Sheilah Childers seconded it, and the motion passed. Mary thanked Sheilah Childers and the other staff members at the office for their work.

Mary Ellis recognized Kelsey Haste as last year's scholarship winner, and she was the recipient again this year. Kelsey came up and said that she really appreciated the scholarship. She said that she was a junior at the University of Kentucky and was in pre-dental. She used the money for books, and had to work less, because of the extra money, and could spend more time volunteering at the Ronald McDonald House and other places.

Next, Mary announced the winners of the Holiday Tasting Grants. She said they had a score sheet with certain criteria. The clubs with the highest points all received the same amount of money for the grants. The winners were the Hinklebelles, Meadowlarks, Just Among Friends, Pieceful Quilters, Material Girls, Cards R Us, Roundabouts, and East Somerset. Next, Mary announced the Homemaker of the Year as Susan Hansford. Then, she announced the Club of the Year as Just Among Friends.

Mary Ellis recognized the Mailbox Members as helping throughout the year. The clubs that have been in existence for 50 plus years, were the Nearby Neighbors, the Roundabouts, East Somerset, and the Moonlighters.

Emily Branscum and Denise Salter are co-chairpersons for the Holiday Tasting. It will be in the Fellowship Hall at the First Baptist Church on November 15, during the day. One person from each homemaker club should be present at each meeting. The first meeting is at the Extension Office on Monday, July 8, at 2 p.m. If your club does not participate in some way, you cannot receive a grant from the money raised at the event.

Next, club secretaries from each homemaker club were given a certificate for their work throughout the year.

Jane Meece came up to give certificates to the members with the most volunteer hours last year. She reminded everyone to fill out their volunteer hours and turn in by July 5. The ones with the most Extension Hours were Melinda Hutchison with 187 hours, Mary Ellis with 86.5 hours, and Jane Meece with 85.6 hours. For KEHA hours, Debbie Peppers had 197.5 hours, Mary Ellis had 133 hours, and Kay Mounce had 95 hours. For Community Hours, Kay Mounce had 354 hours, Debbie Peppers had 308 hours, and Sharon Fields had 170 hours. For Personal Hours, Jane Meece had 494.1 hours, Mary Ellis had 436 hours, and Marsha Vanhook had 151.3 hours. The ladies with more than 500 hours overall, were Mary Ellis with 730.5 hours, Jane Meece with 677.2 hours, Debbie Peppers with 633.5 hours, and Kay Mounce with 629 hours.

Agent Edith Lovett read the names of the members who had passed away during the year. They were Voni Pierce, Loretta Slagle, and Pat Bowling.

Jana Brown announced the raffle basket winners. Next, Debbie Peppers thanked everyone for turning in coupons for the troops. She requested that all coupons be cut out, and categorized in sandwich bags as Food, Non-food, Children, or Pets. They are good up to three months outdated. If you need any sandwich bags, she has plenty to recycle.

Next, Jennifer Weddle announced the Silent Auction winners. She reminded everyone to pay before they left. If you donated any items that were not bid on, pick them up to take back home.

Lake Cumberland Area president, Mary Chaudoin, announced the winner of the best name tag as the Not So Pampered Chefs. The Hinklebelles received the title of the best decorated table. Each club received \$25.

Debbie Peppers drew names for the door prizes. They included four flowers in plastic hangers to go on a fence, two hanging flower pots, two vases with live flowers, and another donated item.

Sheila Adams led everyone in the Homemaker Creed. Then, Mary asked members to fill out the evaluation form that was inserted in the program booklet, and to return it to the registration table as they left. Everyone was reminded to stay behind to clear the tables, and put up their tables and chairs. Mary then read some details about birds, and then about bees. The meeting was adjourned at 8:13.

Debbie Peppers, Secretary

Pulaski County Extension Office
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 Somerset, KY 42502
 PH: (606) 679-6361



Tomato Corn Pesto Pizza

3 plum or Roma tomatoes	wheat or regular	1 teaspoon honey
¼ teaspoon onion powder	packaged pre-baked	4 ounces shredded
½ teaspoon freshly ground	pizza crust, thin crust	mozzarella cheese
or seasoned pepper	¾ cup fresh corn kernels	3 tablespoons fresh
½ cup basil pesto	½ cup grated Parmesan	whole or torn basil
1 (14-16 ounce) whole	cheese	leaves, (optional)

Preheat oven to 450 degrees F. **Slice** tomatoes into ¼ inch slices; **place** tomato slices on paper towels; **sprinkle** with onion powder and pepper; let stand 20 minutes. **Spread** pizza crust with pesto. **Stir** together corn kernels, Parmesan cheese and honey. **Top** pizza with corn mixture, tomato slices and mozzarella cheese. **Place** pizza directly on middle oven rack; **bake**

approximately 12-14 minutes or until cheese is melted and golden. **Remove** from oven and **top** with fresh basil leaves, if desired. Cut into 8 slices.

Yield: 8 servings, 1 slice each

Nutritional Analysis: 290 calories, 13 g fat, 4.5 g saturated fat, 15 mg cholesterol, 590 mg sodium, 29 g carbohydrate, 2 g fiber, 3 g sugar, 14 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

<http://plateitup.ca.uky.edu>

